

Library Renovations

Before

and

After





It has been an interesting time with the start of the term and adjusting to the many changes in our new COVID-19 reality. Personally it has been great having the students back on school grounds as it has given us a hint of return to normalcy. It has been great news that Western Australia has gone 7 days without a new case being registered. Our attendance at the start of the term was around 60% of students on site and this week we've had just over 70% of students on site. The latest COVID-19 information has been put on our website for anyone to access.

COVID-19 Update

Thank you to all the parents and caregivers for respecting the direction given by the Department of Education about not coming on school grounds. Our cleaning procedures are very thorough with continuous cleaning throughout the school day. The playgrounds and toilets are cleaned four times a day and common surfaces are regularly cleaned by cleaners or staff. Our students have maintained their excellent hygiene practices as we have plenty of sanitiser and disinfectant to go round.

Capital Works Program at Wongan Hills DHS

While we have been planning and catering for education during the COVID-19 pandemic, we have also had a significant amount of capital works that have been done and will still be undertaken at our school. The toilet upgrades to both senior and junior are completed and look fantastic. These works have meant that we have a large area of storage gained with storerooms and an office. We have had the rooms 1, 3, 5, 6, 7, 8, and 9 having new cabinets installed and the rooms painted (*photos on following page*). The science laboratory, room 5, room 10 and the new AIEO and Phys Ed offices have new floor

coverings. The library has had a significant upgrade with new carpet, middle section of the ceiling upgraded, cabinetry and painting. This week will see the start of the staffroom being upgraded; which is well overdue.

Welcome Miss Dot (Dotsyak) to Wongan Hills DHS

We would like to welcome Miss Dot from the Department of Education's Flying Squad as our teacher for our year 2/3 class for the next 4 weeks. We are advertising state-wide for a teacher for the rest of the year.



Sun smart Policy Update

The Sun smart policy outlined that students would be wearing wide brimmed hats at the start of this term. Due to COVID-19 and everything that has happened over the last 2 months we will look at students having to wear wide brimmed hats at the start of next term. With the regional lockdowns and essential travel restrictions it has been difficult for some families to get their children organised for this.

P&C Meeting by WebEx

Next Monday we will be conducting our P&C meeting by WebEx. The P&C secretary Karen Box will be inviting parents/carers and community members to participate. WebEx is the platform that we have used at our school and it is very secure. Access is through your Email address and people need to have a device that has a camera and microphone eg: iPad. Laptop.



Capital Works in the Classrooms

The Science Lab has a new floor



The new cabinetry and fresh paint in the classrooms looks great.



Year 1, 2 and 3 student self-portraits are now on display in the junior primary corridor.

Room 1 students participated in directed drawing and mounted their work onto a tissue paper collage they created.



What do you see when you look in the mirror? Room 3 students attempted to answer this question by creating mixed media mirror self-portraits.



This week students will begin their next projects inspired by magical, Enchanted Forests.



FITNESS CHALLENGE

At home fitness challenge! Attempt this with your family members?
How did you do!?

what's your name? workout for beginners

SPELL OUT YOUR FULL NAME AND COMPLETE THE EXERCISE LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A DIFFERENT HISTORICAL PERSON'S NAME OR A FAMILY MEMBER'S NAME EACH TIME.

A 10 jumping jacks

N 10 second jump rope

B 5 push-ups

O 10 russian twists

C 1 burpee

P 5 plie squats

D 20 high knees

Q 10 arm circles

E 5 crunches

R 10 skaters

F 10 mountain climbers

S 10 second jog in place

G 5 squats

T 10 butt kickers

H 10 front lunges

U 5 inchworms

I 10 side lunges

V 5 tricep dips

J 10 second wall sit

W 3 star jumps

K 5 calf raises

X 5 bird dogs

L 5 second plank

Y 10 leg raises

M 3 squat jumps

Z 5 squat jacks

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM

Performing Arts

In Miss Peters' Performing Arts classes, students have been developing their skills in reacting to emotions as well as developing skills for script reading and designing their own scripts!





PHYSICAL EDUCATION

This term, Miss Peters' Physical Education classes are investigating whole body fitness. Throughout the different year groups, students are tracking and assessing their own fitness levels, then exploring how to improve them. Across the term, students will be learning and completing fitness challenges and activities such as Pilates, circuit workouts, and aerobics. They will also be designing fitness programs to work on their own specific goals. Good luck to all involved!

For the first five weeks of this term Junior Primary students are investigating what it means to do your **Personal Best** while participating in the **"Take you marks, get set, RUN!"** unit.

Students will be working on developing and refining their running technique and developing strategies and skills for sprinting, endurance running and relays.







Government of Western Australia
WA Country Health Service

2020 Childhood Influenza Vaccination

FREE Childhood Influenza vaccinations are available.

Eligibility:

- For children aged 6 months to 4 Years Old
- For Primary school aged children (pre-primary to year 6)

For more information about the FREE influenza vaccine please contact
your local GP or your local Community Health Nurse on **0419167965**



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